

Patient Label

Medication Tapering Plan

Date: _____

Prescribing Physician Responsible for Taper: _____

Medication that is being tapered and current dose:	
Target dose after taper:	

Physician's reason for taper:	
Patient's reason for taper:	
Benefits to taper:	
Barriers to taper:	

Sleep	
Mood	
Nutrition	
Bowel	
Work	
Exercise/ Activity	
Social/ Relationships	
Flare-up	Mild
	Moderate
	Severe