



Chronic Pain Centre

Opioid Flow Sheet

	Equivalence	To convert to morphine, multiply by:
Morphine	30 mg	1
Oxycodone	15 mg	2
Hydromorphone	6 mg	5
Codeine	300 mg	0.1
Tramadol	300 mg	0.1
Tapentadol	75 mg	0.4
Buprenorphine Patch	10 mcg/hour	3
Fentanyl Patch	N/A	3
Methadone	N/A	Not linear

If rotating opioids, consider reducing by 30% first and use a conservative approach.

Patient Label

PHYSICIAN:

PHARMACY:

Phone:	Fax:
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- Document **5A's** in progress notes: **A**nalgesia, **A**dverse effects, **A**ctivity, **A** aberrant behavior and **A**ccurate drug records.
- Check and review **Netcare** at least every 3 months. **UDT** = Urine Drug Test and must be completed at least once per year.
- **Take Home Naloxone Kit:** Offer patients naloxone if they have risk factors, including: history of overdose, history of substance use disorder, higher opioid doses (≥ 50 mg morphine equivalents/day), or concurrent benzodiazepine use.
 Date offered: _____ Naloxone Kit given: Y or N. If no, document reason: _____

Date Issued (yy/mm/dd)	Date to Start (yy/mm/dd)	Medication and Strength	Dose and Frequency	Qty	Triplicate Serial #	Comments	Netcare ✓	UDT ✓	Morphine Equivalence	Expected refill date (yy/mm/dd)