

If there's only one thing you remember (1)

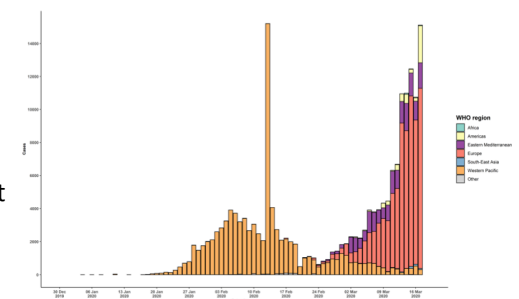
- Containment strategy rests on 3 pillars
 1. Lab capacity that allows for aggressive testing (ideally test all ILI)
 2. Accessible testing w/ low TAT (assessment centres, China's TAT was ~4 hrs)
 3. Case & Contact follow-up of every single case
- Easy to give up on this strategy as work will increase dramatically, but consequences of failure are dire
 - Italy – 0.05% infected causes health system collapse and ++ deaths OR China – economic shutdown (Q1 growth of -10%)

If there's only one thing you remember (2)

- We are on a wartime mobilization (consequences of failure are similar to losing to war)
 - Assuming 50% infection rate and 1% mortality = 150,000 Canadian deaths, economic losses of ~\$3 trillion currently
- At the peak of China (Wuhan's outbreak) - ~10,000 people doing public health follow-up
- While this sounds like a lot, it is a small sliver of societal resources

Preliminary characteristics of COVID-19

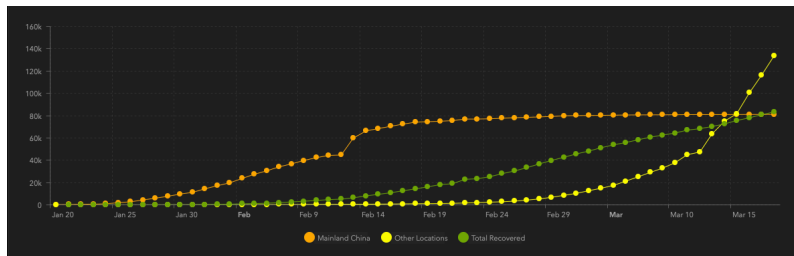
- Statistics as of March 18 15:00
 - Confirmed cases: 191,127
 - Deaths: 7,807
- Incubation period: 5-6 days
 - Range: 0-14
- Transmission: contact and droplet
- Case fatality ratio varies across region but approx 1-3%, 5% ICU, 10-15% hospitalization



Source: World Health Organization, Coronavirus disease 2019 (COVID-19) - Situation Report - 58, March 18, 2020

The situation in China

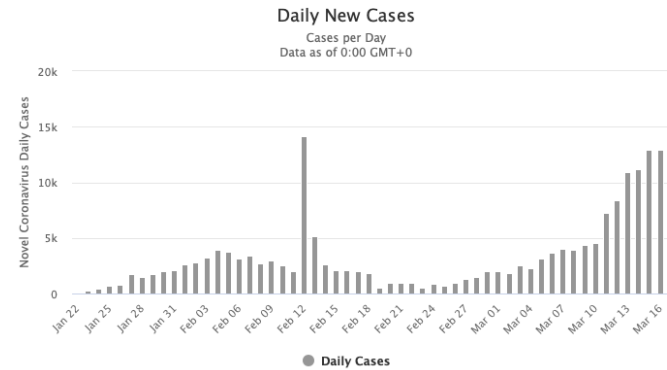
- Key lesson: At one point China had ~4000 new cases/day, now <10;
- Korea: Another country that had ~1000 new cases/day, now <100
- What's concerning is that we are still seeing exponential increases in other countries



Source: Johns Hopkins Resource Centre: <https://coronavirus.jhu.edu/map.html>

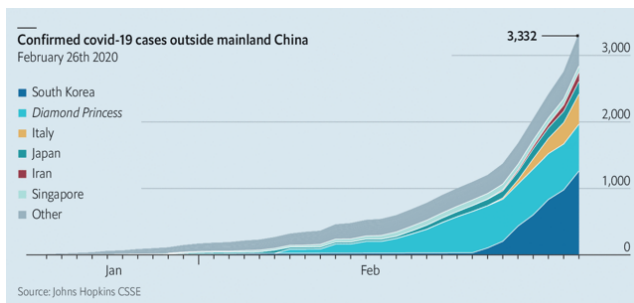
Global situation

Interpret with caution... lots of under-reporting



Source: Worldometer, [Coronavirus Cases](https://www.worldometer.info/coronavirus-cases/). Last update March 18, 2020

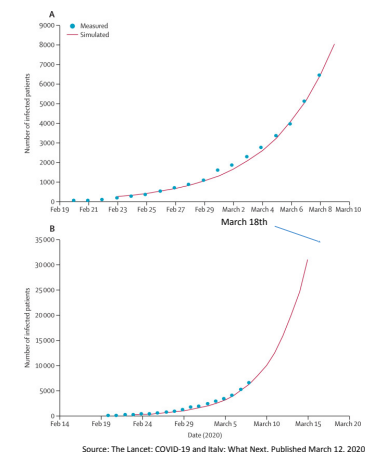
Global Situation Excluding China



Source: Johns Hopkins CSSE

Situation in Italy

- First cases were not reported until January 31st in Italy
- Top graph shows actual data up until March 8th
- Bottom graph shows projected data published in the Lancet on March 12th
- Alarming that we were able to predict data accurately and that as of March 18th it was accurate



Source: The Lancet: COVID-19 and Italy: What Next. Published March 12, 2020

Situation in Canada

- 621 Cases in Canada, 74% are travelers and 11% are people in close contact with travelers
 - Over 15 000 people tested in Alberta (+++ more risk assessments)
- Fever and/or cough or shortness of breath, AND within 14 days prior to illness onset, one of:
 - Travel outside Canada
 - Close contact with a confirmed or probable case
 - Close contact with symptomatic person with travel history
 - Lab exposure to biological material
 - If someone meets these criteria:
 - Immediately isolate and call Health Link/consult the Zone MOH

Source: Public Health Agency of Canada, [Coronavirus disease \(COVID-19\): Outbreak update](#). Last updated March 17th

Situation in Canada

Province, territory or other	Number of confirmed cases	Number of probable cases
British Columbia	186	0
Alberta	97	0
Saskatchewan	2	14
Manitoba	15	0
Ontario	212	0
Quebec	94	0
Newfoundland and Labrador	0	3
New Brunswick	2	9
Nova Scotia	3	9
Prince Edward Island	1	0
Repatriated travellers	9	0
Total cases	621	35

Source: Public Health Agency of Canada, [Coronavirus disease \(COVID-19\): Outbreak update](#). Last updated March 17th

Situation in Alberta

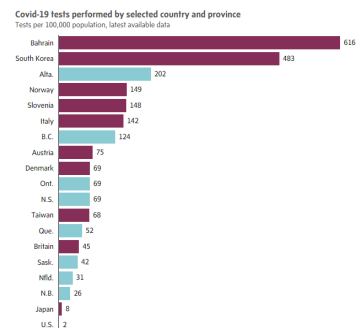
Cases

- 97 cases
 - Calgary (65%)
 - Edmonton (24%)
 - North (6%)
 - Central (3%)
 - South (1%)

Hospitalized – 5 cases

ICU – 3 case

~15,000 tests total, >3000/day



Source: Public Health Agency of Canada, [Coronavirus disease \(COVID-19\): Outbreak update](#). Last updated March 17th

Situation in Canada

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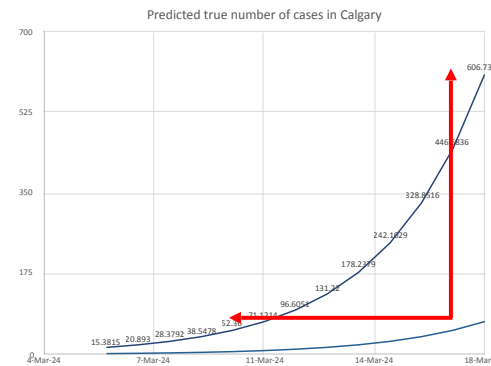
Source: Public Health Agency of Canada, [Coronavirus disease \(COVID-19\): Outbreak update](#). Last updated March 17th

Isolation in Alberta

- Self-Isolation For Travelers
 - Returned on or after March 12
 - Self-isolate and monitor for symptoms for 14 days
 - Returned before March 12
 - Self-isolate if came from Italy, Iran, the Hubei Province of China or the Grande Princess Cruise ship for 14 days
 - Monitor for symptoms
- If Symptomatic
 - Self-isolate and call Public Health 811
- If Close Contact of (+) case
 - Self-isolate for 14 days
- Other Recommendations
 - March 17th: AB state of public health emergency
 - Postponing scheduled and elective surgeries
 - No mass gatherings > 50 people
 - Schools, daycares, public recreational facilities and private entertainment facilities closed
 - Limited visitation to Long-term care facilities
- Practical Tips
 - Tell people to use the assessment tool first
 - Call Health Link at 811 as it is being used as triage to keep people at home, decrease healthcare burden, minimize risk
 - Testing centres all over city to allow for centralized system

Source: Public Health Agency of Canada, [Coronavirus disease \(COVID-19\): Outbreak update](#).

Calgary Projections (Church & Naugler)



- Overall lag time between infection and lab confirmation estimated to be 7 days (5.2 day incubation & lab TAT 2 days – maybe longer)
- Means today we are seeing situation 7 days ago