







## Palliative Care Toolkit for Integrated Home Care Teams during COVID-19 Pandemic

As a result of the COVID-19 pandemic, an increased need for palliative and end-of-life support in the home care setting may occur. This may be directly related to COVID-19 infection of at-risk clients already receiving home-care services or may be as a result of reduced hospice and acute care availability to support end-of life and provide palliative care

**Purpose:** This toolkit is designed to assist Integrated Home Care (IHC) teams with this increased need to provide palliative care and support end-of-life care for clients and their families/loved ones/caregivers in the home care setting.

### Palliative and End of Life Care Education Resources for Integrated Home Care Teams:

Palliative Care Consult Service	<b>403 944-2304</b> <a href="mailto:PCCS.CommunityTriage@ahs.ca">PCCS.CommunityTriage@ahs.ca</a> <b>Fax in PCCS Community referral form (regular process)</b>	
Please call the Palliative Care Consult Service (PCCS) for support with clients who may benefit from a palliative approach to care. The PCCS can provide consults to assist with advance care planning and goals of care conversations, symptom management, illness understanding, best location of care, and provide an additional layer of support for client/families as well as IHC team members. PCCS is also available to IHC team members for ‘just in time’ questions, problem solving, coaching and debriefing.		
Topic	Description	Resource
When Your Client Needs Specialized Palliative Care	How and When to Transfer a Patient to Palliative Home Care	 Palliative Care Support in the Comm
	Transfer Checklist for Transfers to Palliative Home Care	 Checklist for client transfer to PHC final
Palliative Care Assessment & Symptom Management	EMS ATR Program: For support with end of life emergency situations	<a href="#">EMS ATR</a>
	End of life Symptom Management	 Symptom Management FINAL
	Managing Breathlessness at Home	 Breathlessness at home FINAL Apr 13

Having Difficult Conversations	A Caregivers Resource for Caring for your loved one at home	 A Caregivers Resource for Caring
	Tools to support you in having difficult conversations	 AHS Branded Covid 19 Conversation Guide <ul style="list-style-type: none"> <li>• <a href="#">Planning Ahead with Vulnerable Patients During Covid-19</a></li> <li>• <a href="#">Covid Ready Communication Skills: A Playbook of VitalTalk Tips</a></li> <li>• <a href="#">Streamlined GCD Decision Making for Covid-19</a></li> </ul>
Death in the Home Care Setting Policy and Procedure	This link gives you all of the information and forms that need to be completed for an expected death in the home.	<a href="#">Patient's Death in the Home Care Setting   Alberta Health Services</a>
Funeral Home required Forms	These are two (2) forms that <b>MUST</b> be completed in order for the funeral home to come and pick up the body. <ul style="list-style-type: none"> <li>• One is to be completed in preparation for a home death and the</li> <li>• second is to be completed after the death</li> </ul>	<a href="#">Before Home Death Checklist</a> <a href="#">After Home Death Checklist</a>

### Resources You Can Provide to Patients/Families/Caregivers:

Topic	Description	Resource
Information about caring for a loved one at End of Life:	Symptom Management Information for family care-givers	<a href="#">My Health Alberta - Symptom Management</a>
	Information for families of Home Care patients in a private home or seniors' lodge	<a href="#">What to Expect Before and After Death at Home Brochure</a>
Grief and Bereavement:	Resources for coping with grief and getting help if you need it.	<a href="#">My Health Alberta - Grief and Bereavement</a>
	Key links for people caring for someone with advanced illness	<a href="#">Canadian Virtual Hospice</a>
Using Technology to Connect:	All sorts of online options exist to make it easy and convenient to stay in touch with loved ones.	<a href="#">Connecting with Technology</a>